

Unit 9 Adolescence pt.2

Teenager Post # 9470

That awkward moment
when someone you
deleted from Facebook
tries to add you again.

//teenagerposts.tumblr.com

[http://www.youtube.com/watch?
v=JtJpafsDAr8&playnext=1&list=PL141DFEE9327568A8&feature=results_main](http://www.youtube.com/watch?v=JtJpafsDAr8&playnext=1&list=PL141DFEE9327568A8&feature=results_main)

Baurmind Parenting Styles

- Authoritarian
- Permissive
- Authoritative



Baurmind Parenting Styles

- **Authoritarian** parents impost rules and expect obedience. Because I said so!



<http://www.youtube.com/watch?v=LnJiMmsfjVM>

Baurmind Parenting Styles

- **Permissive** parents submit to their children's desires.



New method of parenting

<http://www.wingclips.com/movie-clips/big-daddy/new-method-of-parenting>

Baurmind Parenting Styles

- **Authoritative**
- Parents are demanding and responsive. Set rules but explain rules. Encourage open discussion.



Teenager Post # 9467

Teacher: Come on! You
learned this in 3rd grade!

Me: I can't remember what
I ate for breakfast.

[//teenagerposts.tumblr.com](http://teenagerposts.tumblr.com)

Teenager Post # 9456

I hate the feeling
when you're sad and you
have no idea why, but
you just are.

[//teenagerposts.tumblr.com](http://teenagerposts.tumblr.com)

Physical Development

- Your momma gives you an x Chromosome
- Your daddy gives you a Y Chromosome
 - The y chromosome contains the principal male hormone testosterone.



Physical Development

- **Puberty**: the period of sexual maturation, during which a person becomes capable of reproducing.
-
- Hormones can make you unpredictable. Crying or getting angry.
- **Teens express depression with ANGER!!!**



middleearthnj.wordpress.com



Physical Development

Girls



- Puberty in girls
- Ages 8-10
- **Girls begin to appear chubby.**
- Reaches peak at age 12.
- **Menarche is a women's first menstrual cycle.**
- ***Studies indicate that girls that develop faster tend to have higher self esteem problems.***

Teenager Post # 9450

The awkward moment
when you move in
your chair and it makes
a farting noise...

[//teenagerposts.tumblr.com](http://teenagerposts.tumblr.com)

Puberty in boys

- Ages 9-16
- Growth spurt peak at age 14
- Develop fat but go right into lean lanky phase.
- Spermarche is a boys first ejaculation.
- Boys tend to have higher self esteem if they develop earlier.



Making Smart Choices

- **Make a list of things to think about that help decide if a choice is a good one or not**
- Why am I doing this?
- Who am I doing this for?
- Do I have to be sneaky about this?
- is this against the rules/law?
- Will my parents be disappointed?
- Will I get in trouble for this?
- What will people think of me if I do this?
- Will I think differently of myself for doing this?

Puberty

- Sexual Maturation or Puberty is the biological event that marks the end of childhood. Hormones trigger a series of internal and external changes. Don't write this all down.
- Menarche: Girls first menstrual period
- Spermatarche: Boys first ejaculation

Asynchrony

- Awkward stage for both boys and girls
- Asynchrony the condition in which the growth of bodily parts is uneven



<http://www.youtube.com/watch?v=fQ7rezDwqEI>

Teenager Post # 9439

I've never seen a
McDonalds or a Burger
King under construction.
They just show up out of
no where.

[//teenagerposts.tumblr.com](http://teenagerposts.tumblr.com)

Cognitive Development

- Jean Piaget-in their Formal Operations stage. Can rationalize their actions and achievements.
- ◆ **Have the ability to reason but.....**
 - **The reasoning is self-focused.**
- Assume that their experiences are unique.**

Adolescent egocentrism

- Imaginary audience – everyone is watching
- Personal fable – belief that s/he is unique
- Hypocrisy – okay for one to do it but not another
- Pseudostupidity – use of oversimplified logic

Social Development



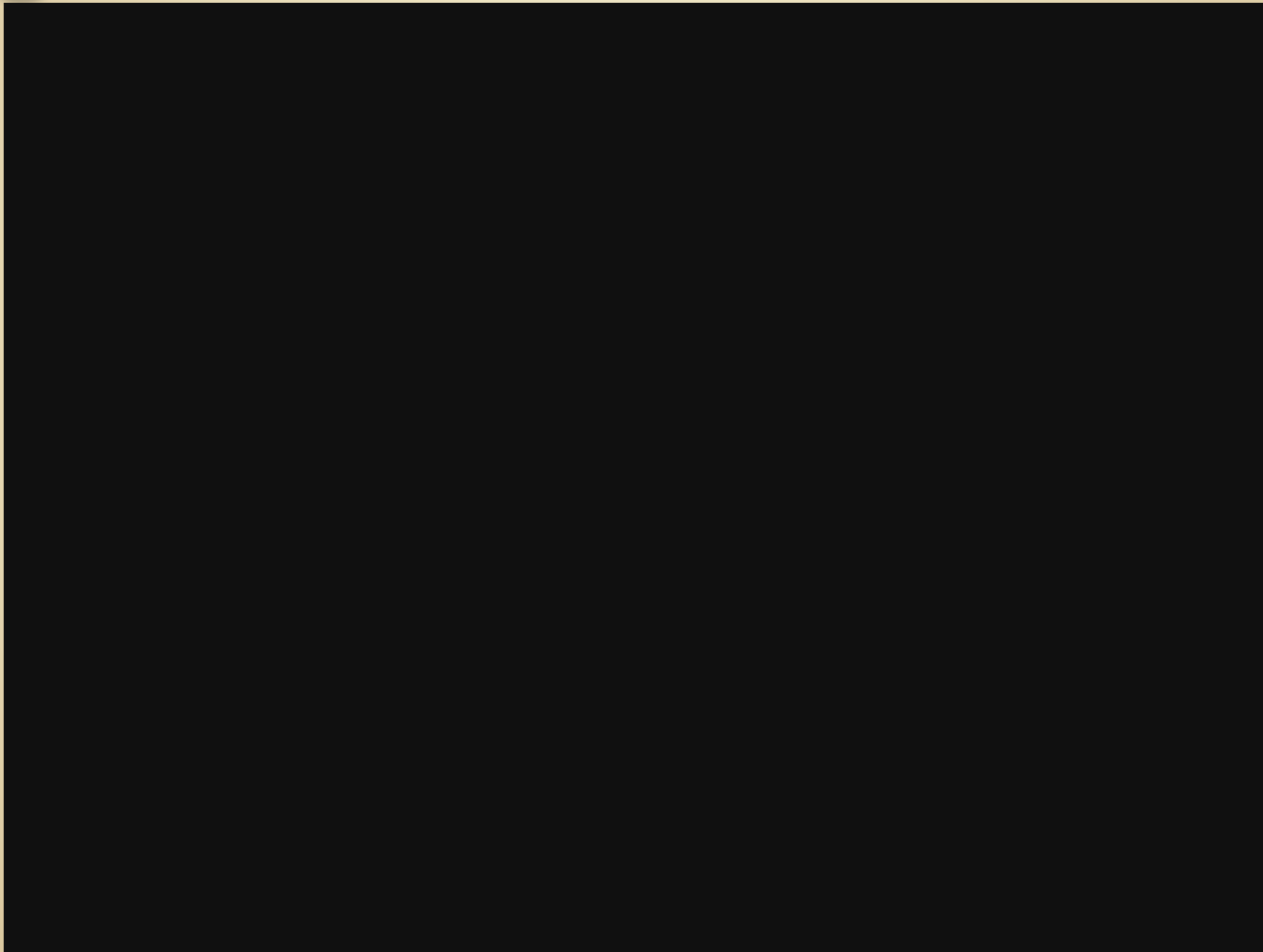
masksz.com

Identity vs. Role Confusion.

Where does your Identity come from?

- Some teenagers take their identity early by sharing their parents values and expectations.
- Some teenagers will adopt a negative identity- opposition to society, but conforms to a peer group.

What defines you? Your parents? Your religion? Your looks? Your friends?



James Marcia

Identity Theory

- James Marcia expanded on Erikson's work and divided the identity crisis into four states. These are not stages, but rather processes that adolescents go through. All adolescents will occupy one or more of these states, at least temporarily. But, because these are not stages, people do not progress from one step to the next in a fixed sequence, nor must everyone go through each and every state. Each state is determined by two factors:
 - 1. Is the adolescent committed to an identity, and
 - 2. Is the individual searching for their true identity?

James Marcia

Identity Theory

- **Identity Foreclosure** – means that the adolescent blindly accepts the identity and values that were given in childhood by families and significant others. The adolescent's identity is foreclosed until they determine for themselves their true identity. The adolescent in this state is committed to an identity but not as a result of their own searching or crisis.
- **Identity Moratorium** – adolescent has acquired vague or ill-formed ideological and occupational commitments; he/she is still undergoing the identity search (crisis). They are beginning to commit to an identity but are still developing it.
- **Diffusion** – the state of having no clear idea of one's identity and making no attempt to find that identity. These adolescents may have struggled to find their identity, but they never resolved it, and they seem to have stopped trying. There is no commitment and no searching.
- **Identity Achievement** – the state of having developed well-defined personal values and self-concepts. Their identities may be expanded and further defined in adulthood, but the basics are there. They are committed to an ideology and have a strong sense of ego identity.

Gender identity is the sex group (masculine or feminine) to which an individual belongs.

Children around ages 2 and 3 learn to label themselves as boys or girls.

By age 5, most children learn the thoughts, expectations, and behaviors that go with their gender role.

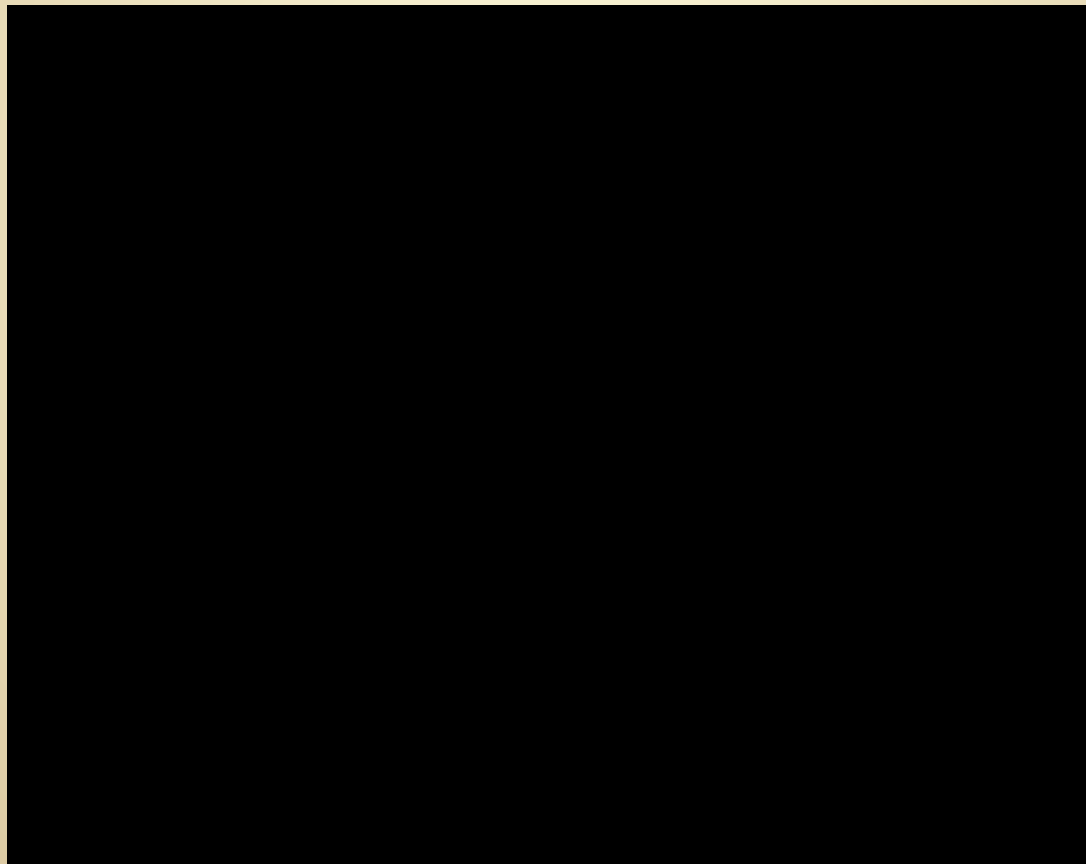
Gender role is the set of behaviors that society considers appropriate for each sex.

Gender role is partly defined by genetics, but it is mainly learned from society.



Intimacy

- Towards the end of adolescence, intimacy becomes the prime goal.



<http://www.youtube.com/watch?v=9QrKiod8rXM>

Cliques-inclusive group that shares the same interests.



<http://www.youtube.com/watch?v=tJyyhNwdQzo>

Eating Disorders:



flickr.com

- Anorexia Nervosa-people that intentionally starve themselves.
- Bulimia Nervosa-people that tend to binge and purge.