

Psychological Disorders

What is abnormal?

- Behavior that is personally disturbing or culturally so deviant that others judge it as maladaptive, inappropriate or unjustifiable.



[some_people_abnormal_12.jpg](#)

Insanity

- Inability to determine right from wrong.



[insanity-defense.jpg](#)

Causes of Abnormal Behavior

Different Perspectives:

- **Behavior:** maladaptive responses learned through reinforcement of the wrong kinds of behaviors.
- **Psychoanalytic:** results from internal conflicts in the unconscious stemming from early childhood traumas.
- **Humanist:** results from conditions society places on the individual
- **Evolutionary:** harmful evolutionary dysfunctions that occur when evolved psychological mechanisms do not perform their naturally selected functions effectively
- **Biological:** neurochemical or hormonal imbalances, genetic predispositions, damage to brain.
- **Cognitive:** irrational and illogical perceptions

Medical Model terms

- **Psychopathology**: study of the origin, development, and manifestations of mental or behavioral disorders
- **Etiology**: apparent cause and development of an illness
- **Prognosis**: forecasts the probably course of an illness

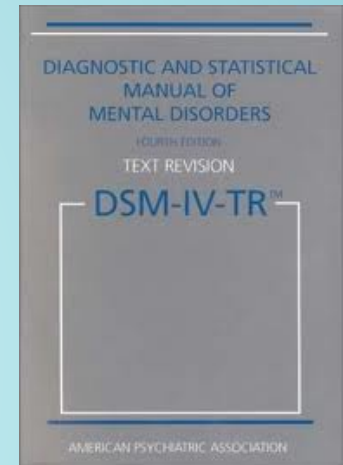
DSM-IV

Diagnostic and Statistical Manual

- The DSM-IV classifies all psychological disorders by their symptoms
- Broken into 5 Axis
 - Axis I: Clinical Syndromes (major disorders: anxiety, depression, schizophrenia, substance abuse and organic mental disorders)
 - Axis II: Personality Disorders and Mental Retardation (like ocd or mental retardation that could be overlooked in Axis I)

The rest of the Axes deal with general medical conditions.

Global Assessment



[DSM-IV.jpg](#)

Types of Disorders

Anxiety Disorders



- Anxiety Disorders: Feeling of impending doom or disaster from a specific or unknown source that is characterized by mood symptoms of tension, agitation and apprehension.
- Body symptoms: include sweating muscular tension, increased heart rate and blood pressure.
- To include: Panic Disorder, generalized anxiety disorder, phobias, obsessive-compulsive disorder and post traumatic stress disorder.

Anxiety Disorders

Panic Disorder

- People with Panic Disorder have a feeling of terror that strikes suddenly.
- Panic Attack: Period of Intense fear: sweating, pounding heart, trembling, chest pain, dizzy, numbness



Anxiety Disorders



<http://www.sciencemuseum.org.uk/on-line/brain/images/1-1-1-3-2-3-6-0-0-0-0.jpg>

OCD Obsessive – Compulsive Disorder

- Disorder that affects thoughts and actions.

Anxiety Disorders

- **OCD
Obsessive –
Compulsive
Disorder**
- **click the
following link**

- [http://www.youtube.com/
watch?
v=ETFQ9fyRPos&feature=related](http://www.youtube.com/watch?v=ETFQ9fyRPos&feature=related)



Anxiety Disorders

(PTSD) Posttraumatic Stress Disorder

- Mental Disorder that follows experiencing or seeing a traumatic event.
- Usually will have constant frightening thoughts.



<http://www.history.ucsb.edu/faculty/marcuse/classes/33d/projects/survivors/LiberationPTSD.jpg>

Anxiety Disorders



Phobias

- Intense, irrational fear responses to a specific stimuli
- Click on the following:

<http://www.youtube.com/watch?v=Lh5pKGG9q6o&feature=related>

Fear of Balloons

Somatoform Disorders



UNF 18-1. Somatoform disorders.

Copyright © 2003 Lippincott Williams & Wilkins.

- Characterized by physical symptoms such as pain, paralysis, blindness, or deafness **without any physical cause.**
- To include: somatization disorder, conversion disorder and hypochondrias.

Somatoform Disorders



<http://apanyangku.files.wordpress.com/2009/08/hypochondriac.jpg>

Hypochondriac

- Preoccupation with fears of having a serious disease based on the person reading their body symptoms wrong.

Somatoform Disorders

- **Somatization Disorder:** recurrent complaints about usually vague and unverifiable medical conditions such as dizziness, heart trouble, headaches.



Somatoform Disorders

- **Conversion Disorder:**
- loss of some bodily function, such as blindness,
- deaf, paralyzed without physical damage.
 - Click on the following Link:
http://www.youtube.com/watch?v=_2NbEV8cFzs

Dissociative Disorders

- Disorders that involve sudden loss of memory or change in identity.

Dissociative Fugue

- One or more episodes of amnesia in which the person will suddenly travel.



http://fc03.deviantart.com/fs14/f/2007/080/b/b/journey_by_ElectronCloud.jpg

Dissociative Amnesia

- The inability to recall important personal information.



http://www.humanillnesses.com/original/images/hdc_0001_0002_o_img0178.jpg

Dissociative Identity Disorder (Multiple Personality Disorder)

- The presence of two or more distinct identities or personality states.



<http://blogs.neuronring.com/wp-content/uploads/2009/08/multiple-personality-disorder-278x300.jpg>

Schizophrenia



http://www.scientificamerican.com/media/inline/F66FA81E-A676-CA5D-o81A381809DAE658_1.jpg

- Delusions (false beliefs)
- Hallucinations
- Disorganized speech.
- Catatonic behavior.

Schizophrenia

- Types:
- **Disorganized Schizophrenia:** incoherent speech, inappropriate mood, hallucinations, and delusional thought patterns.
- **Paranoid Schizophrenia:** delusions of grandeur, persecution, and reference. Will form elaborate network from miss interpretation of reality.
- disordered movement patterns,
- **Catatonic Schizophrenia:** immobile stupor or frenzied behavior. They might remain in one position.
- **Undifferentiated or Simple Schizophrenia:** disturbances of thought or behavior and emotion that do not fit neatly into any of the above categories.

Schizophrenia

- **Positive Symptoms:** hallucinations and delusions
- **Negative Symptoms:** lack of emotion and social withdrawal.
- **Delusions:** False Beliefs.

Mood Disorders

- Primary disturbance in affect or mood that colors the individual's entire emotional state. This disrupts the person's normal ability to function in daily life.
- Two types:
 - Unipolar: depressive
 - Bipolar: manic-depressive.

Treated mostly by drugs. Affecting twice as many women as men.

Mood Disorders

SAD

Seasonal Affective Disorder

- (Winter Blues).
Depression that usually occurs in the winter.

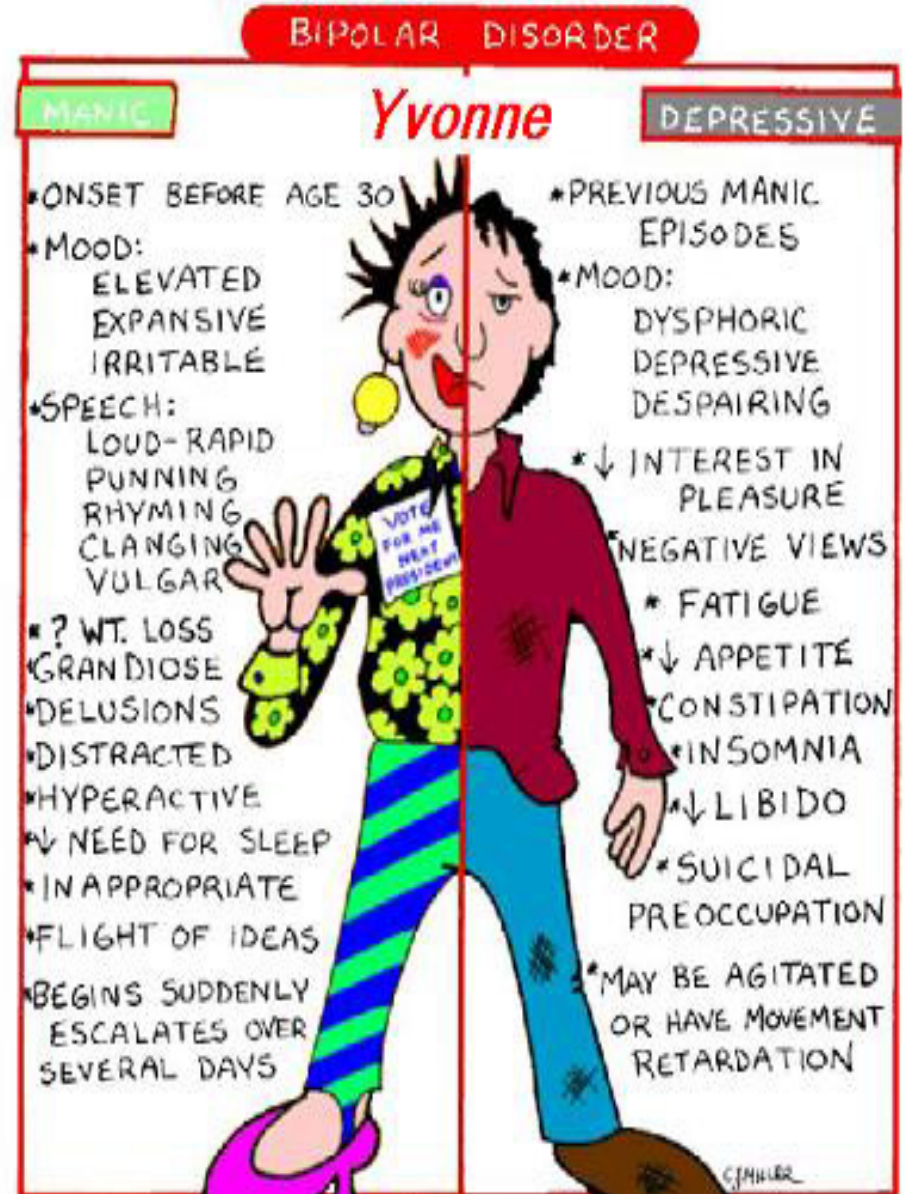


http://1.bp.blogspot.com/_U6pSteoHSFk/RxOVg4TMY6I/AAAAAAAAAAK/6kJPiHTx_kY/s400/sarabs!!.jpg

Mood Disorders

Bipolar or Manic depressive

- Mood swings between periods of major depression and mania.
- **Rapid Cycling:** short periods of mania followed by deep depression.
- **Treatment:** lithium



Personality Disorders

- Longstanding, maladaptive thought and behavior patterns that are troublesome to others, harmful, or illegal.

Personality Disorders

- ODD / Eccentric

- Paranoid: unwarranted suspiciousness and mistrust.
- Schizoid: poor capacity for forming social relationships, shy, withdrawn behavior
- Schizotypal: odd thinking; often suspicious and hostile

Personality Disorders

Dramatic/emotionally problematic

- Borderline: emotionally unstable impulsive and unpredictable; irritable



Personality Disorders

Dramatic/emotionally problematic



Histrionic Personality Disorder

- Excessive emotionally and attention seeking.

Personality Disorders

Dramatic/emotionally problematic



<http://fromthefoothills.files.wordpress.com/2009/07/napolean.jpg>

Narcissistic Personality Disorder

- Has a grandiose sense of self-importance
- Preoccupied with fantasies of unlimited success, power, brilliance, beauty, or ideal love
- Believes they are special and unique
- Lacks empathy
- Shows arrogant behaviors

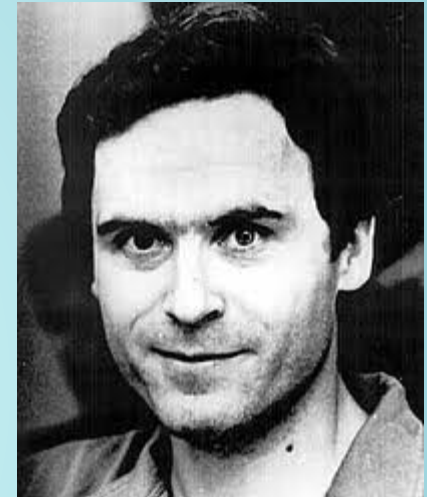
Personality Disorders

Dramatic/emotionally problematic

- **Antisocial:** used to be called sociopaths or psychopaths. Violate other people's rights without guilt or remorse. Manipulative, exploitive, self-indulgent, irresponsible; can be charming.



ehow.com



[quiz299outcome3.jpg](#)

Pathological Gambling

- Addiction to gambling.



Trichotillomania

Recurrent pulling out of one's hair resulting in noticeable hair loss.

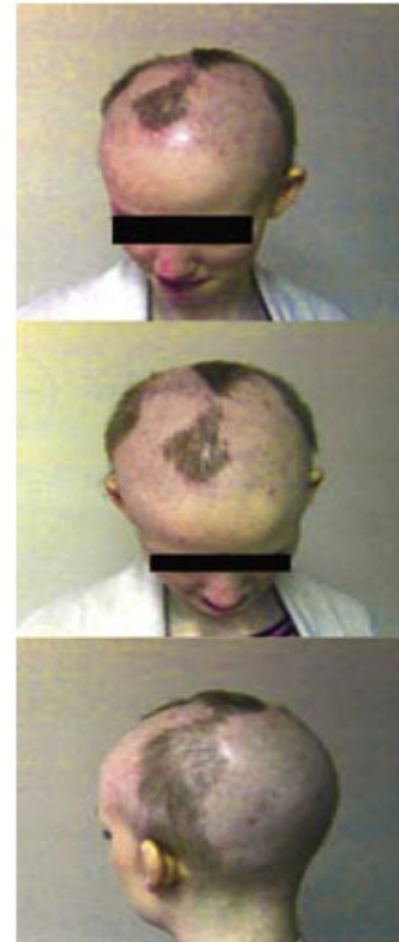
- Article from CNN on Giant Hairball:

- <http://edition.cnn.com/2007/HEALTH/11/21/hairball.case/index.html?iref=mpstoryview>



x410723-eaint-hairball.jpg

Figure
Images of Patient with
Trichotillomania



Parker NW, Parker CE. *Primary Psychiatry*. Vol 12, No 9. 2005.

<http://www.primarypsychiatry.com/userdocs/ArticleImages/905pp3.jpg>

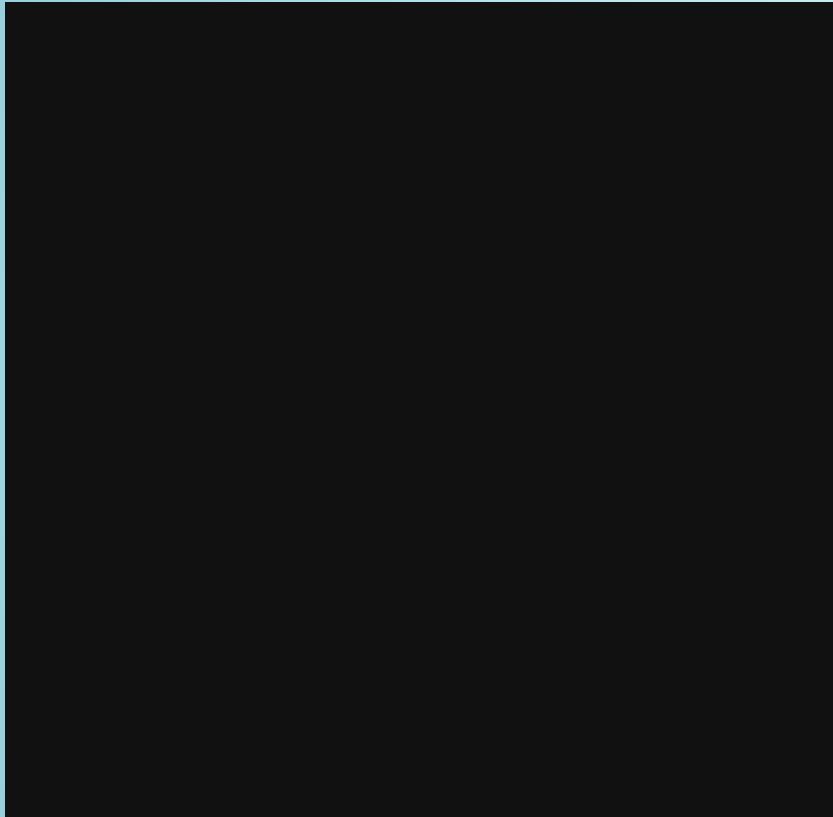
Trichotillomania



ABC News Special on Trichotillomania:

- <http://abcnews.go.com/Video/playerIndex?id=2495446>

Dependent Personality Disorder



- Person has:
- Difficulty making everyday decisions by themselves.
- Difficulty expressing disagreement for fear of rejection
- Difficulty initiating projects
- Goes to excessive lengths to gain support
- Feels uncomfortable by themselves.
- Usually always in a relationship.
- Unrealistic fear of being left alone in the world.

Visit:

http://www.youtube.com/watch?v=DPZN-5N_LQ8

Oppositional Defiant Disorder

- Often loses temper.
- Often argues with adults.
- Often refuses to comply with adults requests or rules.
- Often deliberately annoys people
- Often blames others for their mistakes.
- Often touchy or easily annoyed by others.
- Is often angry and resentful.
- Is often spiteful or vindictive.



Kleptomania

- Someone that has constant impulses to steal objects that they do not need.



Bereavement

- The Reaction to the death of or loss of a loved one, grieving period. Symptoms include, insomnia, poor appetite, and weight loss.



Intermittent Explosive Disorder

- Episodes of aggressive impulses that result in serious assault acts or destruction of property.



http://images.google.com/imgres?imgurl=http://www.philsnelman.com/angryman/images/angry-man.gif&imgrefurl=http://www.philsnelman.com/angryman/index.html&usq=__gfyUjpylos3hgdINvp-urdwpysWQ=&h=189&w=288&sz=135&hl=en&start=113&um=1&tnid=4vgUCSYDSA-ZM&tbid=75&bnw=115&prev=/images?3Fq13Dangry128128man128gff126ndsp13D20126h13Dent126sa13DNI26start13D100126um13D1

Alcohol/Substance Abuse

Recurrent substance abuse.

Click the following:



Developmental Disorders

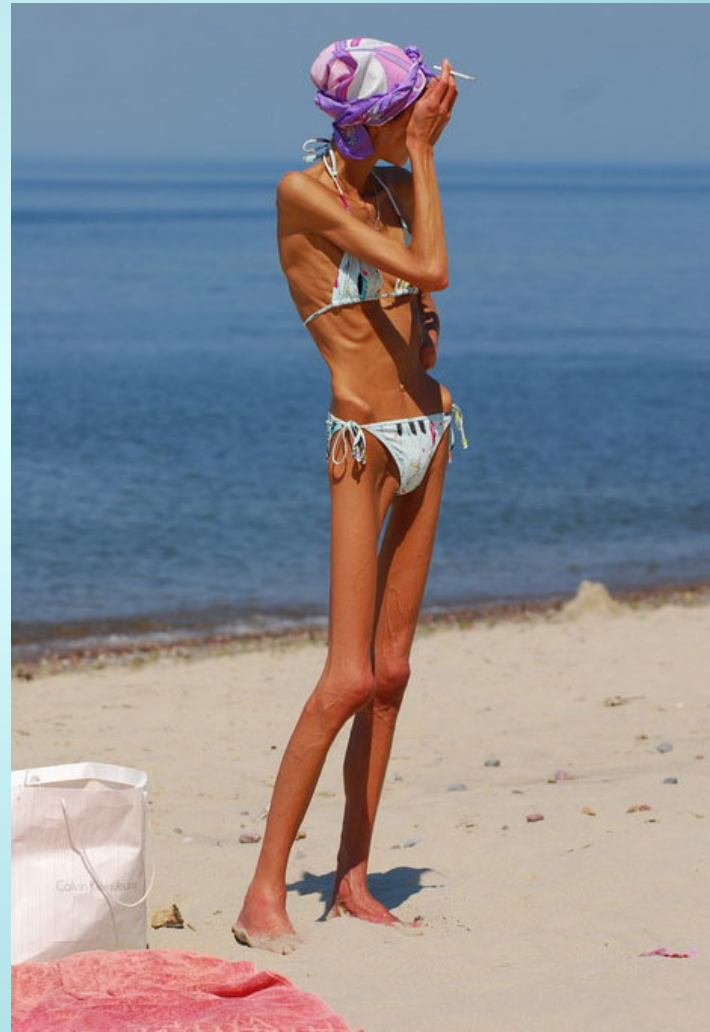
- **Autism** : lack of responsiveness to other people, impairment in verbal and nonverbal communications, limited activities and interests. Often engages in repetitive behavior.
- Click on the following link:
- <http://www.youtube.com/watch?v=TL5GHMEjzt8>

Anorexia Nervosa

- People who intentionally starve themselves.

- Visit:

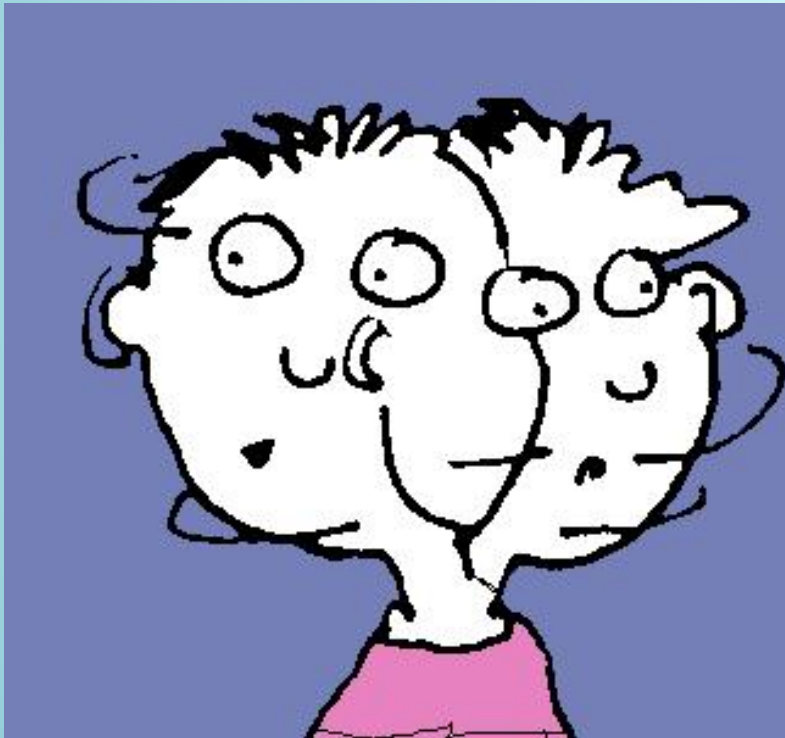
- <http://www.cbsnews.com/video/watch/?id=2506959n>



<http://www.funpeak.com/funnypics/anorexia-nervosa.jpg>

ADHD or Attention Deficit Disorder

- Inattention, hyperactivity, and impulsivity.



<http://xjtiang4.files.wordpress.com/2009/06/adhd-18223.jpg>

Enuresis

- Repeated urinating into bed or clothes.
- Example: Bedwetting.



<http://www.youtube.com/watch?v=CcPPPWxjvaM&feature=related>

<http://www.brown.edu/Courses/PY0055/bedwetting/4.jpg>

Rumination Disorder

- Repeated regurgitation and rechewing of food for a period of at least 1 month.



http://images.google.com/imgres?imgurl=http://img.tfd.com/vn/9D/669D9-bubble-gum.gif&imgrefurl=http://www.thefreedictionary.com/bubble%2Bgum&usq=__ttGsmdzgUjyocyRrPJrFTlg-5Dg=&h=135&w=111&sz=3&hl=en&start=6&um=1&tbnid=fok1KhyN1alDhM:&tbnh=92&tbnw=76&prev=/images%3Fq%3Dcartoon%2Bchewing%2B%2Bgum%26hl%3Den%26um%3D1

Bulimia Nervosa



<http://healthy-lifestyle.most-effective-solution.com/wp-content/uploads/2009/05/bulimia-nervosa-eating-disorder.jpg>

- Binge eating and then getting rid of the food by vomiting, laxatives, enemas, or diuretics.

Visit:

<http://www.cbsnews.com/video/watch/?id=2506959>

Gender Identity Disorder

- A strong and persistent cross-gender identification.



http://www.seasonalmooddisorder365.com/uploaded_images/gender-identity-and-mood-disorders-775653.bmp



Mental Retardation

- Significantly sub average intellectual functioning; an IQ of approximately 70 or below.

- Visit:

- <http://www.youtube.com/watch?v=ZMJAgdMBPsg>



Tourette's Disorder

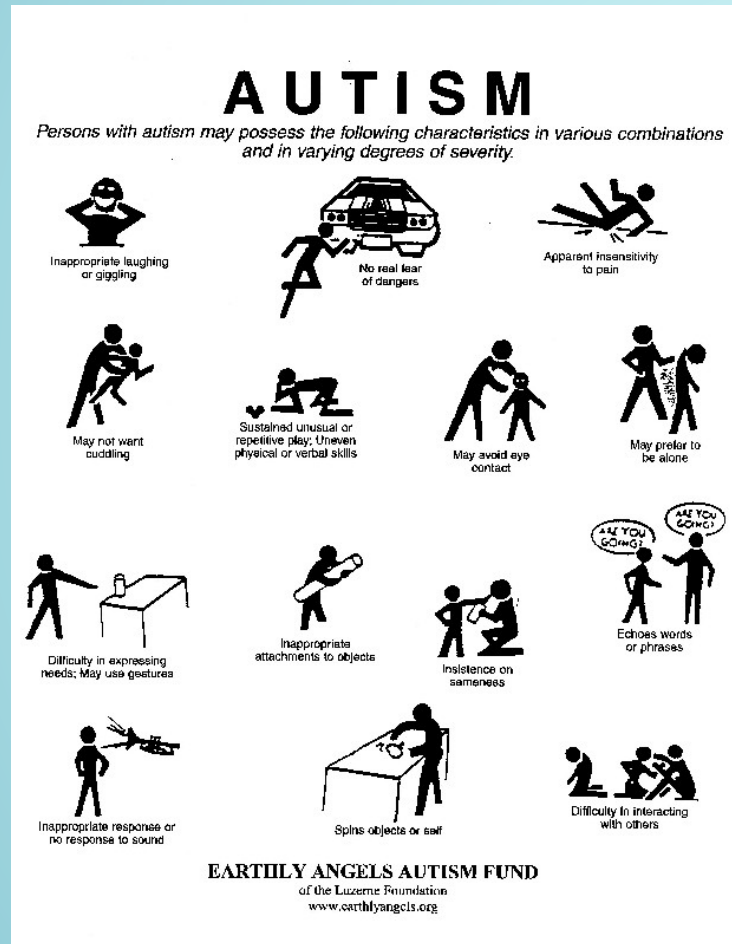
- Motor and vocal tics. Occur many times a day, nearly every day or intermittently throughout a period of more than 1 year.



http://images.google.com/imgres?imgurl=http://www.hbofamily.com/img/programs/ihavetourettes_628x357.jpg&imgrefurl=http://www.hbofamily.com/programs/ihavetourettes.html&usq=__exRHNTZRZH7Kw89s103ARYeA8os-Bh=357&w=628&sz=209&hl=en&start=59&um=i&tbnid=Z1zoKDQysOkKrM&tbnh=78&tbnw=137&prev=images3FqI3Dtourette626ndsp%3D21t26hlt3Dent26sa33DN%26start%3D4226um%3D1

- Visit:
 - <http://www.youtube.com/watch?v=qjWdnQZGScs>

Asperger's Disorder



- Highly functioning Autism.
- Impairment in use of nonverbal behaviors.
- Failure to develop peer relationships appropriate to developmental level.
- Lack of spontaneous seeking to share enjoyment.
- Lack of social or emotional reciprocity.

Sleeping Disorders

Narcolepsy

- Severe sleepiness that will cause a person to fall asleep.



Sleep Walking Disorder

- Episodes of walking around while you are asleep.



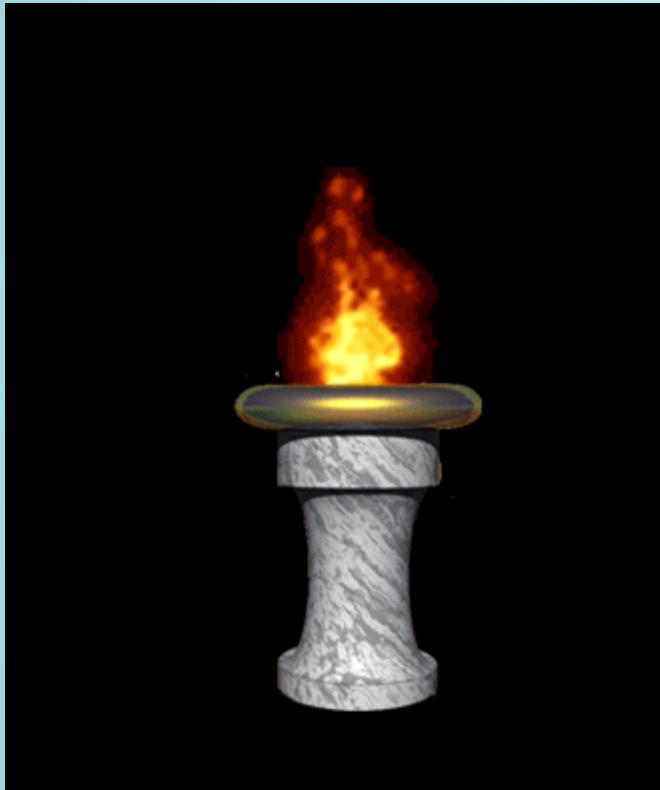
Insomnia

- Difficulty going to sleep and staying asleep for at least one month.



<http://karistiansen.files.wordpress.com/2007/10/insomnia-eye.jpg>

Pyromania



<http://www.zarathushtra.com/z/temple/images/tmpl3fire.gif>

- Deliberate and purposeful fire setting on more than one occasion.